

BEST WESTERN PLUS CASTLE INN HOTEL & RESTAURANT

The team and my family thank you for choosing to eat with us. We are committed to using only the freshest ingredients in all our menus. If we can source our ingredients locally we will work hard with local suppliers to provide the best quality seasonal ingredients. Enjoy your experience.

Peter L. Wells Jnr Director and General Manager

PLEASE SEE OUR DAILY CHANGING SPECIALS

nibbles ideal as appetiser or something to munch while you enjoy a drink !

A SELECTION OF HOMEMADE BREADS (pesto, olive and sun dried tomato) served with virgin olive oil, balsamic and butter	£3.95	OLIVES ON ICE large green Italian olives served with rustic bread and tapenade	£3.50	WARMED CHORIZO (back by popular demand - Great Uncle David!!)	£1.95
NACHOS WITH THREE DIPS salsa, guacamole and sour cream	£1.95	SWEET BABY CHILLIES stuffed with feta cheese	£1.95	GARLIC BREAD served with mozzarella cheese	£3.50

starters

THAI CHICKEN SOUP shredded chicken breast, lemon grass, mushrooms, ginger, chilli and lime	£4.95	BRUSCHETTA chargrilled ciabatta rubbed with garlic and drizzled with olive oil top with oven dried tomatoes, basil, garlic	£4.95	FLOOKBURGH POTTED SHRIMPS with homemade bread	£5.50
CUMBRIAN HAM HOCK TERRINE homemade piccalilli and toasted rustic bread	£4.95	MUSHROOMS FRITTA crispy mushrooms with garlic mayo	£3.95	CRISPY SQUID with garlic and chilli	£5.50
SAUTÉED CHICKEN LIVERS AND PANCETTA on toast with a mushroom and marsala sauce	£5.95	ROASTED VEGETABLES with lemon and mint	£4.75	SMOKED HADDOCK FISH CAKE with rocket leaves and tomato relish	£5.25

pasta choose either small or large portion

PRAWN LINGUINE pan fried garlic prawns with tomato chilli rocket and fennel	£7.25 / £12.50	BUCATIN CARBONARA tubular spaghetti with fried smoked pancetta and ribbons of leeks tossed in egg and parmesan	£6.55 / £10.25	WILD TRUFFLE TAGLIATELLE finely shaved wild black truffles tossed in butter, parmesan and nutmeg	£7.15 / £9.45
PENNE PASTA WITH SALMON, PEAS AND BABY SPINACH IN A CREAM SAUCE <i>(definitely Mrs Wells' favourite!)</i>	£6.50 / £9.95	FUSILI ARIABATTA sweet spiced tomato sauce, roasted red peppers with bread crumbs and parmesan sprinkled with fresh chilli <i>(good source of carbs with an extra kick-this is what I lived on whilst training for London Marathon!! Peter Jnr)</i>	£6.25 / £10.25	BUFFALO RICOTTA RAVIOLI creamed ricotta with lemon, mint and parmesan	£7.25 / £10.55
SPAGHETTI BOLOGNESE classic ragu of beef, pork, herbs, red wine and parmesan	£6.65 / £10.25				

classics

CUMBRIAN TATTIE POT served with pickled red cabbage	£10.50	STEAK AND ALE PIE peas and hand cut chunky chips	£10.50	MIXED BEAN CHILLI served with tacos, rice, guacamole and sour cream	£8.95
CUMBERLAND SAUSAGE AND MASH POTATO with peas and onion gravy	£10.50	ITALIAN BURGER beef pattie, melted cheese, salami, lettuce, tomato, pickles, chilli and crispy fried onion served with hand cut chunky chips	£10.50	VEGETABLE PAD THAI authentic noodle stir fry	£8.95
8OZ RIB EYE STEAK grilled tomato, mushrooms, onion rings and hand cut chunky chips	£15.95	BEER BATTERED FISH AND CHIPS with mushy peas	£10.95	CLASSIC CAESAR SALAD baby gem, crostini, parmesan shavings, boiled eggs, anchovies, caesar dressing	£5.95
SIZZLING CHICKEN FAJITAS on a skillet, salsa, sour cream and guacamole	£10.50	HOMEMADE ITALIAN PIZZA tomato, mozzarella, spinach, roasted red pepper, garlic and chilli	£9.95	WITH CHICKEN	£9.95
CHICKEN BALTI basmati rice and poppadum	£10.50	WILD MUSHROOM RISOTTO finished with truffle oil and parmesan shavings	£5.50 / £8.95	PLOUGHMAN'S cheddar and stilton cheese, rustic bread, pickles, apple and celery	£10.50

childrens two courses for the cheeky price of . . . £7.25

MELON ROSE	PENNE PASTA WITH TOMATO SAUCE	CHOCOLATE SPONGE AND ICE CREAM
CLASSIC TOMATO SOUP	HOMEMADE BURGER WITH CHIPS AND SALAD	FRESH FRUIT SALAD
FISH, CHIPS AND PEAS	SAUSAGE, MASH AND GREENS	CHOCOLATE, STRAWBERRY OR VANILLA ICE-CREAM with chocolate or blood sauce
SANDWICH, CHEESE, HAM, MARMITE OR JAM served with a portion of fresh fruit salad	JACKET POTATO with tuna, cheese or beans <i>(Ellie-Joy's favourite!)</i>	

sides & salads

HAND CUT CHUNKY CHIPS	£3.25	FLASH COOKED GREENS	£3.25	SELECTION OF BREADS (pesto, sun dried tomato and olive) olive oil, balsamic and butter	£3.95
NEW POTATOES with mint butter	£3.25	CRUNCHY SALAD root vegetables with chilli, lemon and mint olive oil	£2.50	TOSSED ROCKET, SPINACH, MINT, TOASTED ALMONDS, GRAPES, PINE NUT SALAD	£3.95
GREEN SALAD with mint, lemon and parmesan	£3.25	PEPPERCORN SAUCE	£1.95	CAPRESE SALAD cold slow roasted tomatoes, buffalo mozzarella, basil pesto and olive oil	£3.95
		GARLIC BUTTER	£1.25		

sandwiches (served from 11am - 5pm) served on white or brown bloomer bread or as a wrap, with dressed salad and crisps. . . £7.25

LIME CORIANDER, HUMUS, RED PEPPER AND SPRING ONION	CUMBRIAN CHEESE AND PICKLE	ROASTED HAM, TOMATO AND ENGLISH MUSTARD
CAJUN CHICKEN, CAJUN SPICE, ROCKET AND MAYO		

puddings

STICKY TOFFEE with hot caramel sauce and vanilla ice cream	£5.25	LOCAL CUMBRIAN RUM NICKY	£4.95	A SELECTION OF CUMBRIAN CHEESES with plump grapes and celery	£5.95
FRESH FRUIT SALAD mango, melon, raspberries, strawberries, grapes and pear	£4.50	RASPBERRY PANACOTTA	£4.95	BAKED APPLE CRUMBLE AND CUSTARD	£4.95
		CHOCOLATE AND AMARETTO BROWNIE	£5.25		